About the author

Rowena Scherer grew up in Malaysia and her fondest memories are from when she cooked in the kitchen with her family. Years later, after working on Wall Street and living all over the world, she decided she wanted to create the same lasting memories with her children. She attended the French Culinary Institute, began to source hard-to-find non-perishable ingredients that highlighted her cherished foods, and started eat2explore, an explorer box filled with authentic recipes, activities, and collectibles that offered a worldwide cultural education through the exploration of food. Rowena lives in New York City with her husband, Joshua, and their two children.