

Food Exploration Opens the Door to:

1. cultural understanding
2. new experiences
3. respect for diverse cultures
4. universal languages
5. beauty of different cultures
6. geographical differences and locations
7. understanding different cuisines
8. food rituals
9. ingredients, spices, and produce available
- 10 mutual respect for each other's values
- 11 new ideas and skills
- 12 work together as a team
- 13 historical development
- 14 cooking methods and tools
- 15 using healthy foods