



Welcome to Tucson, Arizona

Apple Cranberry Baked Oatmeal Breakfast

Enjoy cinnamon-spiced, autumn flavored oat breakfast with fresh fruit sides

Baked Oatmeal:

- 2 large eggs
- 1 cup milk
- 1 cup old-fashioned oatmeal
- 2 Tablespoons avocado oil
- 1/4 cup brown sugar
- 1/2 Tablespoon baking powder
- 1/2-teaspoon salt
- 1/2 teaspoon cinnamon
- 1 large apple, peel, core, and slice into thin slices.
- 1/4 cup walnut pieces
- 1/4 cup dried cranberries

Fresh Fruits' Serving Sides

Fresh chopped kale as desired

1 mango, peeled, pitted, sliced

1 ripe avocado, peeled, pitted, sliced

Red raspberries as desired

Blueberries as desired

Fresh lime juice; vanilla yogurt; ground cinnamon, as desired

- In a mixing bowl, whisk eggs; beat in milk. Mix in all remaining baked oatmeal ingredients. Spray 3 (4-inch) tart dishes or ramekins with non-stick oil. Pour the mixture into the prepared individual dishes.
- Refrigerate overnight. If using glass dishes, let rest until room temperature. Preheat oven to 350 degrees F. Arrange dishes on small cookie sheet, place in the center rack of the oven. Bake for 25 to 30 minutes or until firm. Let stand for 5 to 10 minutes before serving.
- To Serve: Place 1 tart dish on a plate; arrange kale, mango slices, avocado slices, red raspberries, and blueberries on the plate; drizzle with lime juice as desired. Place a dollop of vanilla yogurt in the center of the baked oatmeal; lightly sprinkle with cinnamon. Yield: 3 servings
Note: For 6 servings, double the recipe.

Recipe Inspired by: Adobe Rose Inn Bed & Breakfast in Tucson, Arizona.

<https://www.adoberoseinn.com>

<https://www.bbonline.com/recipes/adoberose-2730.html>

About the Recipe: A casserole bread-pudding dish upgrades oats into a heavenly breakfast dish, flavored with autumn spices, sliced apples, and cranberries with just a touch of brown sugar and cinnamon. Make it ahead; and do a warmup in the morning. Serve it with a quick bed of kale and slices of fresh fruit.

Welcome to Adobe Rose Inn Tucson, Arizona

Welcome to the Adobe Rose Inn, a hidden gem tucked away just two blocks from the University of Arizona, in the heart of the delightful and historic Sam Hughes Neighborhood. Each of the 6 rooms at this Tucson Arizona bed and breakfast comes with its own ensuite private bathroom along with an abundance of amenities. The beauty of the natural surroundings invites you to relax and enjoy tucked-away courtyards, swimming pool and patios.

Built in the historic Sam Hughes neighborhood, sometime in the early 1930s, this original adobe home has been thoughtfully renovated to serve as an impeccable bed and breakfast for those looking for an authentic Southwestern getaway.

For More Information See:

<https://www.adoberoseinn.com/>