

Crisp 'n Crunchy Baked Ravioli with Roma Tomato Sauce Oven Lovin' Italian Ravioli is a light appetizer or side dish

3/4 cup panko breadcrumbs

1/4 cup finely grated Parmesan cheese

1/2 teaspoon Italian seasoning

1 large egg

1 Tablespoon water

8 to 10 ounces fresh cheese ravioli

Oil cooking spray as needed

1 Tablespoon olive oil

1 small onion, chopped

4 ounces fresh wild mushrooms, chopped

1/3 cup chopped walnuts

2 cups Italian tomato sauce. warmed

Thin basil pesto sauce as desired

Garnish: Fresh basil; grated Parmesan cheese as desired

- Preheat oven to 425 degrees F., place a wire rack on a rimmed baking sheet; coat with cooking spray.
- In a shallow dish, combine breadcrumbs, Parmesan cheese, and Italian seasoning.
- In another shallow dish, whisk egg and water.
- Dip each ravioli in the egg mixture, let excess drip off; then coat with breadcrumbs mixture, pressing to adhere the crumbs. Place on wire rack.
- Lightly coat the ravioli with cooking spray.
- Bake ravioli in preheated 425-degree F oven for about 15 minutes or golden brown
- Meanwhile, heat oil in a large skillet over medium high heat. Add onions and mushrooms; sauté until softened, about 4 minutes. Add walnuts and tomato sauce; cook until hot, about 3 minutes.
- Place hot tomato sauce in small dipping bowl; drizzle basil pesto sauce over the top. Garnish with a few fresh basil leaves and Parmesan cheese Yield: Serves 4 to 6

Recipe Inspired by: Eating Well, Mushrooms, special edition August 2023

About the Recipe: Crispy appetizers or side dishes are always popular on a serving table. This recipe is simple to make and tastes delicious. The ravioli is baked rather than fried, making it a healthy choice. Serve them with flavorful Italian seasoned sauce and add a sprinkle of grated Parmesan cheese.