

## Chef Natasha Ford Bio



Chef Natasha Ford was awarded a scholarship from James Beard Foundation and completed her culinary education in New York City. Later Chef Natasha operated a boutique catering business there. She is the owner of Chef Natasha Forde & Natashachef Inc and competed on ABC cooking show, *The Taste*, participated on Food Network's *Cutthroat Kitchen*, did demonstrations for *CBS Good Morning Locally* in Greensboro, North Carolina and the *Local Fox News*.

Growing up in Barbados and helping her grandmother make dinners for the family and neighbors are some of her best childhood memories. They inspired her to launch her business in 2020. Chef Natasha is a Culinary Ambassador for Barbados and loves preparing foods from her culture. As an award-winning Chef and Educator, she offers cooking classes and events both in-person and online.

Virtual and In-Person Cooking instruction

<https://www.natashachef.com/>