

What's New for You – 2021 Food Trends

- Condiments and sauces
- Comfort foods
- Alternative sugars – like maple sugar, coconut sugar, fruits
- Infused products – like coffee yogurt
- Breakfast turn-arounds – like Tacos, Salads, Veggie Cakes
- Chickpeas – will be in everything, even pasta, chips, and pizza
- Healthy Oils – like walnut, pumpkin seed, liquid coconut, olive oils
- Jerkies – dehydrated fruits and vegetables
- Probiotics – like sauerkraut, kimchi
- Homemade broth – like savory drinks; soup enhancers
- Global flavors, regional ingredients, and techniques
- Plant based meats