

Areas to Watch:

Eye Problems: Watch for eye fatigue and strain from long periods on media devices looking at close up prints/screens/visual images and excess exposure to dim or artificial light.

Nutrition/Sleep: Make sure that kids have a well-balanced diet, water, and include nutrients that support eye health, like omega-3 fatty acids, Vitamin A, Lutein, and Vitamin C. Regenerating sleep cycles. Vitamin D.

<https://www.educationworld.in/education-in-2020-the-end-of-the-classroom/>

Possible Positives Changes as a Result of Remote Learning

- Individualized instruction and prescriptive learning for students.
- Reach out beyond the walls of their classrooms to interact with other students,
- Enhanced learning from team teachers, authors, scientists, and experts
- New ways to supplement learning skills
- Engaging families as partners in education
- Tackle real-world challenges and develop solutions
- Wider global reach and workforce skilled students

Changes You Might See in Schools:

- Improved health and hygiene measures
- Adjusting the school calendar to reduce class size
- New forms for assemblies, sports games, and parent-teacher conferences
- Improved strategies for remote learning
- New formats for social and emotional support children

For More Information See:

<https://www.newsmax.com/health/health-news/schools-school-reopening/2020/04/24/id/964576/>

<https://www.educationworld.in/education-in-2020-the-end-of-the-classroom/>
<https://www.fastcompany.com/3043387/5-big-ways-education-will-change-by-2020>