

North African Red Lentil Soup with Spicy Butter Drizzle

Ingredients:

2 Tablespoons olive oil

1 cup chopped onion

1-1/2 teaspoons Ras el Hanout spice (see recipe on website)

1 Tablespoon tomato paste

1 clove garlic, minced

3 cups unsalted chicken stock

1 cup red or autumn mixed lentils, rinsed

2 teaspoons lemon juice

Salt and black pepper to taste

2 Tablespoons unsalted butter

1 teaspoon dried mint

1 teaspoon paprika

Garnish: As desired: chopped fresh cilantro; chopped red pepperdew peppers

Heat oil in large pot over medium heat; sauté onion in oil until softened but not brown.

Add Ras el Hanout spice mix; cook until spices are fragrant, about 1 minute. Stir in tomato paste and garlic; cook 1 minute. Add chicken stock and lentils; bring to a boil; lower heat to simmer; cover pot; stir occasionally until lentils are soft, about 15 minutes.

With a hand blender, coarsely puree soup; stir in lemon juice; season with salt and black pepper to taste. If soup is too thick, add 1/2 cup chicken stock. Set hot soup aside.

Prepare Spicy Butter Drizzle: In a small skillet, melt butter; stir in mint and paprika.

To serve soup: Spoon soup into individual bowls, drizzle with a teaspoon spiced butter; sprinkle with chopped cilantro and chopped red pepperdew peppers Yield: 2 to 4 servings

About the Recipe: How about a flavorful cup of soft lentil soup for a quick lunch or snack! It cooks quickly and the spicy butter drizzle with crunchy pickled peppers and cilantro takes the soup over the top.

Recipe inspired by: https://www.cooksillustrated.com/recipes/8661-red-lentil-soup-with-north-african-spices