



Santa's Extra Energy Reindeer Treats

2 cups ancient grains cereal
1 cup unsalted mixed nuts
1/2 cup sunflower kernels
1/2 cup reduced sugar dried cranberries
1/2 cup chopped dried fruits
1/2 teaspoon ground cinnamon or as desired
1/2 teaspoon minced rosemary or as desired
1 cup raw deep red cranberries or as desired
Garnish with: small rosemary sprigs

In a large bowl, combine first 5 ingredients; sprinkle with cinnamon and minced rosemary as desired. Toss in fresh cranberries. Place in a basket or decorated container for reindeer feeding. Garnish with small rosemary sprigs as desired.

Yield: about 5 cups

Cook's Note: I used a whole grain cereal with oats, quinoa, kamut, and spelt. The deep red cranberries are naturally sweeter in taste. My mix included chopped mixed dried fruits. The cinnamon adds a beautiful scent.

About the Recipe: Santa knows that It's really important for his reindeers to have nutritious snacks before starting on their worldwide trip. Help him out and leave some extra energy treats for those reindeer too.